



*Rustic Plum Hand Pies (p. 62)*



environment might just turn out to be the best you've ever had. Sandwiches generally make a great addition for these types of excursions. The Mushroom & Potato Flatbread packs well and tastes even better the next day. Of course, don't forget the fortifying sweet treat! You can enjoy a tasty hand pie even while walking because, as their name suggests, they're easy to hold while you make your way through the forest.

And, of course, true adventurers will take the opportunity to forage ingredients for their next meal. Berries, mushrooms, and nuts are easily found in nature, just make sure that you check with a guide or expert that they are edible. ■

