INTRODUCTION

FOOD FROM THE PROMISED LAND



From large cities with diverse populations to tiny villages built into the hillsides, everyone can unite over food. Opposite page: Modern, bustling, beautifully-designed spaces, such as Ha'achim restaurant in Tel Aviv, signal to diners that they're about to experience a new take on Israeli cuisine. From regional to global, ancient to contemporary, many dishes in this part of the world date back millennia and have stories that could fill history books. Each one has been reimagined in hundreds of new ways, with flavors that echo across the ages—stirring up plenty of heated discourse. This is food with roots and wings.

