



named for the local flora and fauna—Heron, Sunbird, Poppy, Fern, Wild Olive, Orchid, and Morning Glory.

This part of South Africa has a Mediterranean climate, which makes for a comfortable stay at any time of year. Besides the daily yoga and meditation sessions, winter sees guests gathering around cozy fireplaces after hiking one of the trails or taking a cold dip following a wood-fired sauna. Summer is for lazing on lush green lawns and swimming in a local spring-fed dam. Whatever time of year, there is always a calm and meditative atmosphere allowing anyone seeking peace and self-discovery to truly connect with nature. *

The accommodation is beautifully decorated in the earthy tones of the surrounding countryside.



OPPOSITE The Wild Pod is set deep in the forest and has a communal kitchen and lounge area, plus a separate meditation hall with a yoga deck. Scattered around is a selection of A-frame cabins, caravans, and glamping tents that provide room for up to 18 people.