



located near the massive Mýrdalsjökull Glacier—consider doing the 3-km (1.9-mi) loop to Markarfljótsgljúfur Gorge, an amazing 200-m- (656-ft-) deep canyon to the west of the camping area.

The fourth and final stage of the Laugavegur runs 15 km (9.3 mi) from Emstrur to Þórsmörk. Highlights include a picturesque footbridge over the sheer and narrow Fremri-Emstruá Gorge and the spectacular viewpoint overlooking the confluence of the Markarfljót and Syðri-Emstruá Rivers. The trail’s culminating stretch passes through the enchanting woodland of Hamraskógar before reaching its conclusion at Þórsmörk’s Skagfjörðsskáli Hut. You’ve just completed one of the world’s finest treks, but unless you’re injured or seriously pressed for time, don’t even think about ending your Laugavegur experience at Þórsmörk. Instead, continue south for a further 25 km (15.5 mi) on the glacier-splitting, cascade-laden, you’ll-kick-yourself-if-you-miss-it, Fimmvörðuháls Trail (see Bonus Track). ▲

- ← Patches of emerald-green vegetation sprinkled among the volcanic ash slopes around Emstrur Hut.
- ↓ Ponds and meadows dot the geothermal landscape.



Crossing numerous watercourses and a pancake-flat stretch of eerie black sand desert, you’ll weave through a series of prominent peaks.

- ↑ Camping among scattered rock formations.
- ← A signposted junction near the trail’s northern terminus.