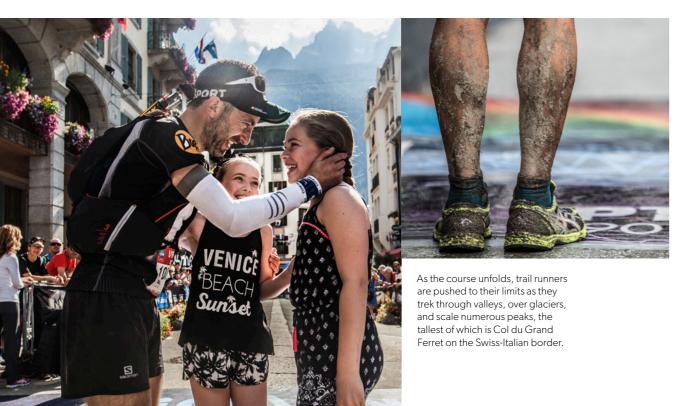


There are aid stations and checkpoints along the way, but the race operates on a principle of "semi-autonomy," with runners expected to take responsibility for their own wellbeing and safety between these stations.





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