

ISLE OF ANGLESEY COASTAL PATH**THE  
DRUIDS' ISLE**

Isle of Anglesey, WALES

**ABOUT THE TRAIL**

- **DISTANCE** 201 km (124.9 mi)
- **DURATION** 6 to 8 days
- **TOTAL ELEVATION GAIN** 4,175 m (13,698 ft)
- **LEVEL** Moderate

**S**eparated from Bangor and the mountains of Eryri by the Menai Strait, Anglesey is the largest island in Wales. Historically, Anglesey was linked to Druids who took refuge there during the Roman invasion. Today it is far less frequented by hikers than the high mountains of the mainland, but those looking for quiet coastal walking—and another island circumambulation—should consider the Isle of Anglesey Coastal Path. It starts at St. Cybi's Church, Holyhead, and covers a wide variety of scenery including plenty of clifftop drama. Unusually, the entire trail falls within an Area of Outstanding Natural Beauty (AONB) which covers 95 percent of the coastline. One aspect that adds a little adventure, and makes this more difficult than routes such as the Isle of Wight Coastal Path, is that some of the beach sections can only be attempted at low tide.

THE WESTERN WAY**EXPLORING AN  
IRISH FJORD**

Counties Galway and Mayo, IRELAND

**ABOUT THE TRAIL**

- **DISTANCE** 179 km (111.2 mi)
- **DURATION** 7 to 9 days
- **TOTAL ELEVATION GAIN** 2,200 m (7,218 ft)
- **LEVEL** Moderate

**T**his is a linear long-distance walk traversing some of the most remote parts of western Ireland, exploring Galway and Mayo counties. It passes through the Nephin and Maumturk mountain ranges as well as sections of coastline—including Killary Fjord, one of only three fjords in Ireland. Although the scenery of nearby mountains is spectacularly rugged, the trail itself does not venture into the high ground, and it is never particularly difficult underfoot—although it can be boggy and wet, especially when it crosses over the moors! Some of the wettest sections are, however, traversed by boardwalks. The route is fully waymarked, although it's less popular than many other long-distance trails, perhaps due to its distance from villages and towns. It is often hiked in two halves: the Mayo half and the Galway half.

CEREDIGION COAST PATH**ALONG  
CARDIGAN BAY**

Ceredigion, WALES

**ABOUT THE TRAIL**

- **DISTANCE** 96 km (59.7 mi)
- **DURATION** 4 to 5 days
- **TOTAL ELEVATION GAIN** 3,326 m (10,912 ft)
- **LEVEL** Moderate

**T**his route, opened in 2008, is a coastal path that links two of the National Trails of Wales: the Pembrokeshire Coast Path in the south, and Glyndŵr's Way a short distance to the northeast. Defined by the Teifi Estuary in the south and the Dyfi Estuary in the north, this trail follows the long, gentle sweep of Cardigan Bay. Although Ceredigion's coast is not as well known as Pembrokeshire, the scenery is just as impressive and varied, and these trails are likely to be a bit quieter (they're also generally a bit easier too). It is not a wilderness route, and there are frequent towns and villages, including the popular seaside town of Aberystwyth. As a relatively new trail, it is extensively waymarked—and more than 25 km (16 mi) of new footpaths were laid down in order to create it.

DALES HIGH WAY**UP HILL AND  
DOWN DALE**

Yorkshire Dales, ENGLAND

**ABOUT THE TRAIL**

- **DISTANCE** 145 km (90 mi)
- **DURATION** 5 to 8 days
- **TOTAL ELEVATION GAIN** 4,237 m (13,900 ft)
- **LEVEL** Moderate

**C**onceived in 2007 as a more challenging alternative to existing routes in the region, this wonderfully varied multiday trail traverses a wide variety of spectacular scenery in the Yorkshire Dales. After beginning in a more urban environment not far from Bradford, the Dale High Way heads north towards Ilkley and Skipton before veering northwest towards Malham and its famed limestone landscapes, including Gordale Scar and Malham Cove. The route sticks to higher ground and takes in the summits of Ingleborough (723 m/2,372 ft) and, optionally, Wharfedale (736 m/2,415 ft, the highest of the Yorkshire Three Peaks). Other highlights include the village of Dent and the remote Howgill Fells. The trail concludes at the medieval market town of Appleby-in-Westmorland, known for its annual Appleby Horse Fair.

↑ Tŵr Mawr Lighthouse, guarding the western entrance to the Menai Strait.  
➤ One of the many quiet forest tracks that comprise this trail.

↑ Mwn't Beach—popular with local dolphins.  
➤ Ribbleshead Viaduct is one of the best-known landmarks in the Yorkshire Dales.