



WHERE GUESTS
EXPERIENCE THE LUXURY
OF FINDING THEIR WAY
BACK TO THEMSELVES

Golden Door
San Marcos, CA, USA

The Golden Door experience empowers guests to REPOSITION THEMSELVES at the center of their own lives by TENDING TO THEIR BODIES, their MINDS, and their SPIRITS via rejuvenating classes and luxury spa treatments.

According to the Golden Door philosophy, “a hike here is as much a rigorous morning exercise as it is a chance to reflect on the day ahead, and a meal is the means by which guests learn to satisfy rather than simply feed their hunger.”

Located on 600 acres (240 hectares) of hills and meadows, with landscaped Japanese gardens, a citrus grove, and 5 acres (2 hectares) of bio-intensive gardens serving its restaurant, the resort in San Marcos, Southern California, is a luxury health retreat that few can rival. It offers guests 30 miles (50 km) of private trails, seven state-of-the-art gyms, two swimming pools, a *watsu* water therapy

pool, two labyrinths, tennis courts, pickleball, and a beautifully renovated bathhouse with a Jacuzzi, steam room, sauna, and nine skincare and body treatment rooms. A typical retreat package involves checking in on a Sunday for seven nights including a personalized program of healthy activities, holistic dining, and luxury spa treatments. All Golden Door guest rooms are single occupancy and have sliding doors that open onto a private outdoor patio with access to the beautifully landscaped Japanese gardens that lie at the heart of the complex. Warm-up clothes, T-shirts, and a bathrobe are supplied and laundered daily, and the owners also

OPPOSITE In the resort’s Japanese gardens there are Zen rock areas for contemplation, quiet corners in which to drink tea, and *kaiyu-shiki-teien* gardens to stroll around.

