## Self-Expression

Written by Torren Martyn

Self-expression is an innate part of being human, and for surfers, it takes on a unique significance through our deep connection with the ocean and Mother Nature.

I've always found it hard to express myself with words, and that's where I've found surfing to be an outlet. I've been lucky enough to spend much of my life traveling in search of waves, and I've had some incredible and profound experiences along the way.

Last year, somewhere off the coast of Sumatra, I came across what turned out to be one the most memorable surfs I've ever experienced. We had started our sailing trip as total novices, and it had been a wild and daunting three-month journey all the

way to Indonesia and its surfable waves. I had loved the challenges of learning to sail, but it had also been stressful and all-consuming. We had finally made it to an island chain with abundant waves, and I was feeling a sense of accomplishment and relief that we had arrived in one piece. On that particular day, my friend Ishka and I woke up early and set out on the dinghy. We wanted to look at a bit of reef that had swell wrapping around it, not quite sure what we were hoping to find. The state of the ocean seemed unreadable, but the first set wave that wrapped itself around this particular corner of the reef in front of our eyes was completely mind-boggling. As the day progressed and the sky cleared, the



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