



EVERYTHING IS OK WHEN YOU ARRIVE AT THE END OF A LONG DAY AT AN ALPINE LAKE TO JUMP INTO, ESPECIALLY WHEN IT'S STAR LAKE, NEVADA.



KEY TRIP NOTES

REGION/LOCATION(S):

Lake Tahoe straddles California and Nevada, nestled in the Sierra Nevada mountains.

CATEGORY:

Circular loop, singletrack shredding mountain bike loop

DISTANCE:

300 km (186 mi). Four to five days allows time for swim breaks and relaxed evenings.

TERRAIN:

Mellow singletrack and gravel roads. Some more technical and/or exposed sections.

SKILL LEVEL:

Advanced. While the trail can be ridden at a mellow pace, there is 6,000 meters (19,685 feet) of climbing/descending on the route. A good level of fitness and mountain bike skills will make the experience much more enjoyable.

HIGHLIGHTS:

Epic flowing singletrack descents and perfect camp spots.

ESSENTIAL GEAR/EQUIPMENT:

Mountain bike, camp kit, bug spray, clothing to cope with cold nights and hot days, two to three water bottles, and a water filter. Be prepared for occasional afternoon storms.

RESUPPLY INFO:

There are plenty of chances to resupply each day. Larger supermarkets are available in South Lake Tahoe, Tahoe City, and Truckee.

RIDE SEASON:

Summer

CONTRIBUTOR / RIDER INFO

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