

CITRUS TROUT, BEET CREMA & AVOCADO

GABRIEL CABRERA

The crazy fuchsia of a hibiscus-beet *crema* lends a welcome shot of technicolor chaos to this plate of pan-fried trout with avocado, citrus fennel, and chives. Gabriel Cabrera, a recipe developer, food stylist, and photographer, created the dish for furniture company West Elm's catalog. He wanted, he says, "to create a dish that was vibrant and connected with the theme of the publication." Inspired by watercolors, Cabrera arranged his ingredients as though they were on a palette. The beet *crema* provides a focal point without overwhelming the dish's other components; the colors here are effusive but harmonious, something reinforced by the interplay of shapes. If color abounds, structure does too.

